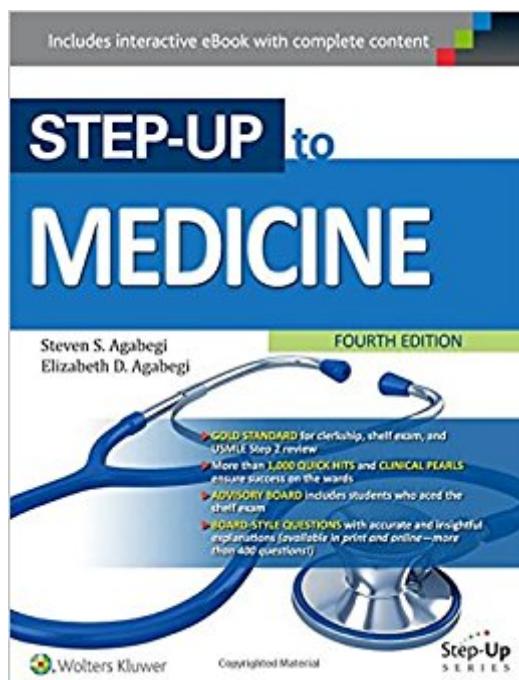


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# Step-Up To Medicine (Step-Up Series)



## Synopsis

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Now thoroughly updated and revised, this best-selling volume in the popular Step-Up series provides a high-yield review of medicine, ideal for preparing for clerkships or clinical rotations, shelf exams, and the USMLE Step 2. Clinical pearls, full-color illustrations, and "Quick Hits" provide essential information in an efficient, easy-to-remember manner, perfect for medical, physician assistant, and nurse practitioner students. Step-Up to Medicine, Fourth Edition delivers exactly what you need to know "both for exam preparation and for practical use in the evaluation and treatment of patients. Content is thoroughly updated and revised, based on extensive research with faculty and students. Enhanced high-yield outline format, Quick Hits, and Clinical Pearls make this edition even more time-saving and practical. A new 100-question, clinically-oriented practice exam is a practical self-assessment tool to prepare for the questions you will face in clinical practice. Succinct, outline approach keeps "extra" material to a minimum, focusing on the core content you need to know. Clinical pearls help you "file away" clinical connections for handy retrieval at test time and aid in the transition from basic science to clinical medicine. Easy-to-follow algorithms show examples of effective clinical reasoning, particularly for similar complaints. Numerous charts, tables, graphs, and mnemonics aid visual learners and facilitate easy retention of essential material. Coverage includes every essential area of medicine, including body system diseases and disorders; fluids, electrolytes, and acid-base disorders; hematologic diseases and neoplasms; infectious diseases; diseases of the skin and hypersensitivity disorders; and ambulatory medicine. Helpful appendices cover radiographic and electrocardiogram interpretation, physical examination pearls, workup and management of common problems on the wards, basic statistics and evidence-based medicine, and end-of-life issues and informed consent.

## Book Information

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## Customer Reviews

Doody's Book Review Service, Sally Ling, MD, University of Missouri-Kansas City School of Medicine -- "This is a very well put together 'notebook' containing essential information that medical students need to acquire during internal medicine rotations. It is presented in an appealing format that is effective for learning. "The book was written to enable students to study more efficiently for their clerkships, shelf exams, and boards. It is intended to consolidate important information which otherwise may need to be extracted from multiple sources. "The authors envision students using this book beginning in their second year of medical school. It will be particularly helpful during third and fourth year internal medicine clerkships. "All standard subspecialty areas with the exception of psychiatry and women's health are covered. Important clinical points are highlighted in the margins. Tables, illustrations, and clinical vignettes are effectively used. "This well edited 'notebook' concisely provides pertinent and reliable information on internal medicine related topics. It will be extremely useful during internal medicine clerkships, as well as for preparation for the shelf exam and boards."--Four-Star Review from Doody's Book Review Service (Weighted Numerical Score: 92)

I have only read the first three chapters so far (on medicine rotation). I have not noticed any significant updates from the third edition. For example, IBD is not updated with biologic treatment options. The book adds a 100 new multiple choice questions, but that is all I have noticed so far. The book claims a student committee and provided feedback to improve the 4th edition, but it does not provide any specifics. It might be worth it to hold onto third edition. I will update the review as I see changes. As far as physical quality, pages feel cheaper than third edition. update 11/26/15 I have now read about half the book and there are a few updated I have noticed. 1) They added a few lines about the new oral anticoagulants (i.e. apixaban) 2) BP guidelines have been updated with JNC 8 other mistakes have not been fixed like pneumonia severity index I am updating my review from 3 to 4/5

Internal medicine is THE foundation of 3rd year and beyond in medical school. If you look into Uworld for step 2, 1350 out of 2250 questions (60.93%) are from medicine alone. Therefore, I can't emphasize enough the importance of mastering internal medicine. I compare Step up to Medicine for internal medicine as I would compare first aid for step 1. The book has everything you need to know for internal medicine clerkship. The trouble I had in 3rd year is finding the right resource. Some resources have way too much information not needed for 3rd year level (ex - uptodate), some have not enough (ex - case files book). If you rely only on your patient to teach you medical knowledge, it will largely be insufficient as you won't see patient with multiple diseases (you might never have a patient with rickets, AML, a-fib etc). This book in contrast has everything you need to know for internal medicine clerkship. I love this book as much as I loved first aid for step 1. Here are the pros:- Information is presented in concise form but is complete. If you opt out for case files or other smaller books, you might miss out on important information you need to know.- It doesn't have unnecessary stuff you don't need at 3rd year. Ex - drug doses.- The book is in color which makes reading fun.- It has empty border in left and right so you can annotate the book- There are "quick hit" and "clinical pearl" sections scattered throughout that are very high yieldIf you are doing 8 wk traditional internal medicine clerkship, it will be hard to finish this book in that limited time. But give your best shot. Start studying this book a few weeks before you start your clerkship. It has 12 chapters total and 479 pages. If you can finish 1.5 chapter each wk, you will need exactly 8 wks to finish the book. This book is GOLD. If you have a good understanding of this book, all other clerkships will be easier. Being good in medicine helps you in all other clerkships.

Invaluable for STEP 2CK. Understand it and you will do great on the boards and wards.

I'm a PA student and I LOVE this book for PANCE prep. I know it's for USMLE Step 2 but we're all learning the same content. It has super helpful flowcharts and quick tips in the margins. I recommend taking to Office Max or Fedex to get it spiral bound. Much easier to read!

How I got through M3 internal medicine. Kept the book after step 2 so I can have it around for when I study Step 3 (going in pathology so this is all I have to remember IM by).

I used this textbook during clinical rotations of PA school. It's pretty good! The medical students I was with on rotations recommended it. We did some readings with our preceptor using this text and he wasn't a fan, but understood why students enjoy reading it. I would recommend for any

PA/medical student and wish I had ordered it sooner.

This is a phenomenal resource. Great for the wards. See a patient, look up the case in this book and present your A/P based on what is listed here in SUTM and you will be golden! If you are trying to crush the shelf, make sure to add other resources such as UW, emma holiday etc. But rest assured, this is a must have resource for the wards

One of the better texts for getting a quick reference on disease states. Good explanations.

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